

A New & Better Life
by Lisa Baldwin



I have been a part of the Unity House program since November 2010. I was first introduced to Unity House when it was located in the mansion on 108 South Street. I was previously married for eleven years and was a stay at home mom to my three children. My marriage ended badly and some unfortunate events occurred that led me to Unity House. I came to Unity House broken and needing someone to help me put the pieces back together. I suffered from clinical depression from my many losses, including a long separation from my children, for whom I have so much love.

There were a large number of staff members and trained counselors at Unity House who showed me that I can have a new and better life if I can just reach into myself, pick up the pieces and move on. I suffered from having people, my husband especially and others, hurt me emotionally and feeling guilty and blaming myself for my situation. Unity House and their caring counselors and staff have been right there with me every step of the way. They showed me that I can make it and that there is a better life out there for me. I have spent countless hours with their caring counselors who were always there for me around the clock.

I am currently living in a supported apartment and am very independent now. I also give back to the community as a volunteer. I am looking into independent housing in the near future as a way to move forward and make a better future for myself.

I have come such a long way since I first started out in the program. I am happy now to have overcome the depression. I have three amazing children who I now see regularly and hope soon to obtain joint custody from the court. I am currently divorcing my ex, and have been told that I may be entitled to a property settlement and possibly obtain a house of my own. I would like to buy a car and start a new life with my children, who are everything to me. Thank you Unity House for giving me the chance to start over and be happy again.