

# UNITY HOUSE OF CAYUGA COUNTY, INC.

## Residential Respite Admissions Policy

Updated 9/2013

Policy: It is the policy of Unity House of Cayuga County, Inc. to provide respite services to adults with mental retardation or developmental disabilities. This respite need may be anticipated or emergency status. Our goal is to provide quality oversight and support to individuals in a safe, clean, timely manner.

### Admissions Criteria:

1. The individual referred for respite services must be eligible for service under the OPWDD and be Medicaid waiver enrolled. Unity House **must be** identified in the ISP (or on an addendum) as a waiver service.
2. A letter of eligibility and a Notice of Determination must accompany the initial admission application.
3. The individual must be 18 years of age.
4. The individual must be cleared psychiatrically and medically if the referral is generated by the Emergency Room. A clinical staff and physician must document in writing that the individual is not a danger to him/herself or others and is medically stable and appropriate for respite care.
5. Individuals requiring IV's, ports, or injections (including diabetes) that require RN coverage will be considered on a case-by-case basis and the availability of contract nursing from Gentiva or Stafkings.
6. Individuals must be living with family.
7. The Individual must have an established need for respite, therapeutic stay, trial visit or emergency housing.
8. The individual must be able to evacuate in the event of a fire.
9. There must be a current ISP, LCED and Service Coordinator.
10. The program will make the determination if there is evidence of a need for additional support or information from family or other service providers.
11. Primary care giver is responsible for maintaining a supply of medications. This includes enough meds to last throughout the individuals stay.
12. All medical issues or concerns will be directed to the Primary Care Physician both during business and after business hours.
13. All Medical and Psychiatric emergencies will be handled as per Unity House policy and procedure.

14. It is our goal to admit qualified individuals with an emergent need in less than three hours.
15. The MSC will provide a **completed** Respite Packet, a current ISP, Behavior Plan, if applicable, OPWDD Letter of Eligibility, Notice of Determination, current physical and copies of current prescriptions a **minimum** of one week prior to consumer's stay (unless this is an emergency situation). This allows staff to become familiar with the consumer and to effectively prepare for their stay.
16. Referrals will be reviewed by the Program Manager and Nursing Staff and admission will be determined on a case by case basis.



**UNITY HOUSE OF CAYUGA COUNTY, INC.**  
**Referral and Respite Plan Initial and Annually**

Today's Date \_\_\_\_\_

Name: \_\_\_\_\_

Birth date: \_\_\_\_\_

TABS#: \_\_\_\_\_

SSI# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Medicaid Waiver eligible: yes no

Medicaid Waiver enrolled: yes no

Unity House listed on Medicaid Waiver in current ISP or an addendum: yes no

Primary Care Giver: _____		
Address: _____		
Phone: _____		
<b>Person to be contacted in case of an emergency:</b>		
1. Name: _____	Home # _____	
Relationship _____	Work # _____	
	Cell# _____	
2. Name: _____	Home # _____	
Relationship _____	Work # _____	
	Cell# _____	

Service Coordinator: \_\_\_\_\_ phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

**Health Care Providers**

Insurance Carrier: \_\_\_\_\_ Policy #: \_\_\_\_\_

Medicaid #: \_\_\_\_\_ Medicare #: \_\_\_\_\_

Current Diagnoses/DD: \_\_\_\_\_ Diagnosis Axis 1 Code \_\_\_\_\_

Primary Physician: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax # \_\_\_\_\_

Dentist: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax # \_\_\_\_\_

Pharmacy: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax # \_\_\_\_\_

Pharmacy Address: \_\_\_\_\_

**Other Physicians**

Name:	Specialty:	Phone:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**FIRE SAFETY**

- a. Level of Assistance: \_\_\_\_\_
- b. Response to Fire Emergency (i.e.: recognizes need to evacuate when alarm sounds, may sleep through alarm, etc.) \_\_\_\_\_
- c. Training Needed: \_\_\_\_\_
- d. Handling of Matches/Lighters: \_\_\_\_\_
- e. Adaptive Equipment: \_\_\_\_\_
- f. Self-Evacuation Difficulties: \_\_\_\_\_

**SUPERVISION LEVEL REQUIRED**

- a. Home alone status: \_\_\_\_\_
- b. Outside: \_\_\_\_\_
- c. Community access: \_\_\_\_\_
- d. Supervision in the Community: \_\_\_\_\_
- e. Supervision in the Home: \_\_\_\_\_
- f. When is the person considered missing? \_\_\_\_\_
- g. Swimming: \_\_\_\_\_
- h. Travel safety needs (e.g. seatbelt harness, car seat, ability to fasten seat belt, need for a particular seat in the vehicle, etc): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- i. Money Management skills: \_\_\_\_\_
- j. Does the person have a budget? Yes \_\_\_ no \_\_\_  
If yes, how much when? \_\_\_\_\_
- k. Smoking: \_\_\_no \_\_\_yes If yes, level of supervision: \_\_\_\_\_  
\_\_\_\_\_

**BEHAVIORAL**

- a. Describe the person's general disposition (e.g. calm, outgoing, shy, over-active, etc.) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- b. Does the person have Behavior Plan? Yes \_\_\_ no \_\_\_ **If yes, please provide with ISP.**
- c. Describe any problematic behaviors, including severity and frequency: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- d. Method of Intervention: \_\_\_\_\_
- e. Fears: \_\_\_\_\_
- f. Describe typical interaction with others: \_\_\_\_\_  
\_\_\_\_\_
- g. Are there any special concerns or problems when in public or community settings? Outdoors? \_\_\_\_\_  
\_\_\_\_\_

**HEALTH/MEDICAL/NUTRITION**

Medical conditions: \_\_\_\_\_

Current Diagnoses/DD: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Gender: \_\_\_\_\_

TB Status: \_\_\_\_\_ **Date of Last mantoux:** \_\_\_\_\_

Date of Last Tetanus Shot \_\_\_\_\_ Hepatitis Status: \_\_\_\_\_

Can the person give Informed Consent for Treatment? \_\_\_\_\_

Can the person give Informed Consent for First Aid? \_\_\_\_\_

Can the person give Informed Consent for Medications? \_\_\_\_\_

Is there a current or valid DNR in place? \_\_\_\_\_ Date reviewed: \_\_\_\_\_

**Precautions**

a. *Allergies* \_\_\_\_\_

Describe Allergic Reaction: \_\_\_\_\_

b. Choking Risk: no yes

Describe assistance required: \_\_\_\_\_

c. Seizures? no yes

If yes, describe (i.e., duration, what happens before and after, care to be given during and following the seizure) \_\_\_\_\_

\_\_\_\_\_

d. PICA: no yes

e. Sun Sensitivity: no yes

f. Skin Integrity: \_\_\_\_\_

g. GI Problems: \_\_\_\_\_

h. Special Precautions (limitations on activities, weather precautions):

\_\_\_\_\_

\_\_\_\_\_

i. Special Health Care Needs, Recent Hospitalizations, Changes in Medical Status:

\_\_\_\_\_

\_\_\_\_\_

**Medications:**

Medication:                      Dose:                      Schedule:                      Purpose:                      Major Side Effects:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Medication administration: independent staff supervision staff assistance

**MEDICAL AIDS**

Vision: \_\_\_\_\_ Hearing: \_\_\_\_\_ Mobility: \_\_\_\_\_

Catheter/Incontinence Products: \_\_\_\_\_

**NUTRITION**

**Food Allergies:** \_\_\_\_\_

Special Diet,/Restrictions/Consistency: \_\_\_\_\_

Diabetes Precautions: \_\_no \_\_yes

Special dining equipment and precautions: \_\_\_\_\_

Is there any difficulty with swallowing or choking?: \_\_\_\_\_

Food likes: \_\_\_\_\_

Dislikes: \_\_\_\_\_

Snacks/frequency: \_\_\_\_\_

**DENTAL**

Own teeth \_\_\_y\_\_\_n If yes, condition \_\_\_\_\_

Dentures: \_\_\_upper \_\_\_lower \_\_\_partial

Oral hygiene \_\_\_independent \_\_\_with assistance \_\_\_dependent

**COMMUNICATION**

How does he/she communicate? \_\_\_\_\_

Key phrases or gestures: \_\_\_\_\_

How does the person express pleasure? \_\_\_\_\_

How does the person express pain or displeasure? \_\_\_\_\_

**ADAPTIVE EQUIPMENT NEEDS** (i.e. oxygen, suctioning, ostomy care, g-tube, etc.)

Equipment	How is it to be used	Time and duration of use
_____	_____	_____
_____	_____	_____
_____	_____	_____

Who should be contacted for repair or adjustment? \_\_\_\_\_

**SELF CARE/ACTIVITIES OF DAILY LIVING (ADL's)**

What, if any, assistance is needed in the following areas:

- Hair care:           \_\_\_independent       \_\_\_with assistance       \_\_\_dependent
- Shaving:            \_\_\_independent       \_\_\_with assistance       \_\_\_dependent
- Menstrual care:    \_\_\_independent       \_\_\_with assistance       \_\_\_dependent
- Tooth brushing:    \_\_\_independent       \_\_\_with assistance       \_\_\_dependent
- Dress/undress:     \_\_\_independent       \_\_\_with assistance       \_\_\_dependent
- Toileting:           \_\_\_independent       \_\_\_with assistance       \_\_\_dependent
- Showering:         \_\_\_independent       \_\_\_with assistance       \_\_\_dependent
- \_\_\_morning            \_\_\_evening

**Special instructions:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Recreation likes and dislikes: \_\_\_\_\_

**SLEEPING**

What kind of bed does the person sleep in at home? (Include bedrails, bed wedges, side rail, pads, hospital bed, bed padding, etc) \_\_\_\_\_  
\_\_\_\_\_

Usual bedtime \_\_\_\_\_ Usual wake up \_\_\_\_\_

Nap time \_\_\_\_\_

Sleep through the night? \_\_\_\_\_

What should be done if the person wakes up during the night? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**RIGHTS PROTECTION/VULNERABILITY**

a. Ability to give consent for sexual activity: \_\_\_\_\_  
\_\_\_\_\_

b. Ability to protect self from abuse: \_\_\_\_\_  
\_\_\_\_\_

c. Respect privacy: \_\_\_\_\_  
\_\_\_\_\_

d. Voting: \_\_\_\_ Yes \_\_\_\_ No

e. Attends Church: \_\_\_\_ Yes \_\_\_\_ No

If yes, indicate denomination and church: \_\_\_\_\_

**Special Safety Concerns:** \_\_\_\_\_  
\_\_\_\_\_

**COMMUNITY ACTIVITIES**

Name of school/work/day hab: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Teacher/Supervisor: \_\_\_\_\_

Transportation Phone Number: \_\_\_\_\_

Transportation: Time of pick up: \_\_\_\_\_ Time of drop off: \_\_\_\_\_

Name of school/work/day hab: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Teacher/Supervisor: \_\_\_\_\_

Transportation Phone Number: \_\_\_\_\_

Transportation: Time of pick up: \_\_\_\_\_ Time of drop off: \_\_\_\_\_

**Community Activities (cont.)**

Name of school/work/day hab: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Teacher/Supervisor: \_\_\_\_\_

Transportation Phone Number: \_\_\_\_\_

Transportation: Time of pick up: \_\_\_\_\_ Time of drop off: \_\_\_\_\_

Name of school/work/day hab: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Teacher/Supervisor: \_\_\_\_\_

Transportation Phone Number: \_\_\_\_\_

Transportation: Time of pick up: \_\_\_\_\_ Time of drop off: \_\_\_\_\_

**All Services are aware of respite stay? \_\_\_\_\_ Yes \_\_\_\_\_ No**





## Weekly Program/Service/Activity/ Routine

(include days and times of At-Home Res Hab, Day Hab, Employment, Classes, Olympics, Bowling, etc)

Sun	Mon	Tues	Wed	Thurs	Fri	Sat

**Example:**

Monday	Tuesday	Wednesday	Thursday	Friday
Day-Hab 9a to 2p	Work 8a to 1p	Day-Hab 9a to 2p	Dinner at Dad's 6pm	Day-Hab 9a to 2p
Class at college 5p to 7p		Swimming at 7p		

\_\_\_\_\_  
Signature and Title of Person Completing this form

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Primary Caregiver/Legal Guardian

\_\_\_\_\_  
Date

***Note: This form must be completed for initial respite referral and updated before any subsequent visits.***



**UNITY HOUSE OF CAYUGA COUNTY, INC.  
62 South St. Respite Services  
MSC Sign-Off Form**

\_\_\_\_the consumer can access the respite apartment

\_\_\_\_medical needs are provided for

\_\_\_\_staff training provided

\_\_\_\_staffing ratio is appropriate to meet individual's needs

Based on my observations at 62 South St. Respite, I believe this service can provide the appropriate level of care and is an appropriate place for \_\_\_\_\_ to respite.

\_\_\_\_\_  
MSC signature

\_\_\_\_\_  
Date